

# General Information for Swim School and Squad Training

- Placement into classes is based on a swimmers ability and Centre Management discretion.
- Assessments are ongoing and swimmers progress as ability improves.
- Swim School Lessons are 30 minutes long and are held daily after school and Saturday mornings.
- Parents are advised to read and agree to the actual program policy prior to committing to the program. Policies are available on enrolment.
- Parents must allow teachers to reasonably supervise their children during all lessons & squad sessions and should try not to approach children or teachers during lessons or squad.
- All fees include admission for parents/guardians and children at time of session or lesson. Parents/guardians are entitled to discounted admission outside lesson/squad times while enrolled in the program. Please speak to Centre Management.
- Lessons and Squad Sessions do not proceed on public holidays.
- Lessons will proceed in all weather unless deemed unsafe by Centre Management. If in doubt we ask you to call the Centre (BSC 9150 4594).
- Family Discounts apply, please enquire during the enrolment process.
- A 50¢ fee applies to all EFTPOS, Debit and Credit Card purchase/payments for bank charges.

## General Information

### Bexley Swim Centre

98c Preddys Road, Bexley 2207

Phone: 9150 4594 Fax: 9554 4890

#### Centre Opening Hours

| AUTUMN & SPRING               | SUMMER                                 |
|-------------------------------|--|
| Monday to Friday 6am – 7.30pm | Monday to Saturday 5.30am – 8.30pm     |
| Saturday 8am – 5pm            | Sunday & Public Holidays 9am – 7pm     |
| Sundays Closed                | Boxing Day & New Years Day 10am to 5pm |

**Closed Christmas Day and Good Friday**



Bexley Swimming Centre  
Ruth Everuss Aquatic Centre

# Bexley

Swimming Centre

98c Preddys Road

Bexley

**4 Years to Adults**

Swim  
School  
and  
Squad  
Training

# Swim School

Bexley Swimming Centre provides a wide range of lessons, suitable for children from 5 years of any ability. The centre offers a broad range of lessons designed to promote a structured progression for all our swimmers.

## School Age Children

These classes progress from beginners through to advanced swimmers. Children of all swimming abilities are catered for, with the objective of developing and improving confidence, strength, and technique and of course stroke correction. Instructor swimmer ratio varies according to level.

## Adult Learn to Swim

These classes suit all levels from beginners through to stroke correction. Qualified staff will assist you in improving breathing technique. You will not only have fun, you will increase level of fitness and water confidence.

| LEVEL  | RATIO | FEE  | DURATION   |
|--|-------|------|------------|
| All Starfish                                     | 1.3   | \$15 | 30 minutes |
| Seahorse   | 1.5   | \$12 | 30 minutes |
| Octopus  | 1.5   | \$12 | 30 minutes |
| Turtle   | 1.5   | \$12 | 30 minutes |
| Crocodile  | 1.6   | \$12 | 30 minutes |
| All SF 1-on-1's<br>(pre-school or special needs) | 1.1   | \$20 | 30 minutes |
| All Other 1-on-1's<br>(adults or school age)     | 1.1   | \$30 | 30 minutes |

# Squad Training

| Competition Squads <span style="float: right;">"Swimming is your sport"</span> |     |                        |         |             |                 |                     |
|--|-----|------------------------|---------|-------------|-----------------|---------------------|
| Gold Development   |     |                        |         |             |                 |                     |
| Sessions   |     | Session Times and Days |         |             |                 | Cost Weekly         |
| MIN  | MAX | PM                     | DAYS    | AM          | DAYS            | 1ST CHILD/2ND CHILD |
| 5  | 8   | 5.15 – 7.15            | Mon-Fri | 5.30 – 7.00 | Tue, Thurs, Sat | \$30/\$20           |
| 4  | 6   | 4.00 – 5.15            | Mon-Fri | 5.30 – 7.00 | Tue, Thurs, Sat | \$25/\$20           |

| Squads <span style="float: right;">"For improvement, technique and exercise"</span> |     |                        |         |     |      |                     |
|---|-----|------------------------|---------|-----|------|---------------------|
| Barracudda  |     |                        |         |     |      |                     |
| Sessions  |     | Session Times and Days |         |     |      | Cost Weekly         |
| MIN   | MAX | PM                     | DAYS    | AM  | DAYS | 1ST CHILD/2ND CHILD |
| 2   | 3   | 4.00 – 4.45            | Tue-Fri | NIL | NIL  | \$20/\$15           |

| Squads <span style="float: right;">"For improvement, technique and exercise"</span> |     |                        |           |     |      |                     |
|---|-----|------------------------|-----------|-----|------|---------------------|
| Junior Health & Recreation  |     |                        |           |     |      |                     |
| Sessions  |     | Session Times and Days |           |     |      | Cost Weekly         |
| MIN   | MAX | PM                     | DAYS      | AM  | DAYS | 1ST CHILD/2ND CHILD |
| 3   | 4   | 4.45 – 5.30            | Tue-Fri   | NIL | NIL  | \$20/\$15           |
| 1   | 2   | 5.45 – 6.45            | Wed & Fri | NIL | NIL  | \$15/\$10           |